



## Food Allergy and Care Plan Information

The State of Ohio requires Montgomery Nursery School to have very specific documentation regarding children who have food allergies or another form of special need. The reason for this paperwork is so that we can best meet the needs of every child, as well as to help the Montgomery Nursery School staff to keep your child safe every day while at school.

If your child has a food allergy, it is important for that to be noted on the **Child Enrollment Form**. Montgomery Nursery School needs to have as much information about the allergy as possible, which can be shared on the **Child Medical/Physical Care Plan**.

If your child's condition could require the distribution of emergency medication (either over the counter or prescription) the **Request for Administration of Medication** must be completed for each medication.

- A portion of this form must be **completed and signed by a licensed physician**, licensed dentist, advanced practice registered nurse, or certified physician's assistant.
- All medication must be in the **original packaging** when it is returned to us—leave Benadryl in the box, bring the epi-pen in its container with the prescription label.

Please use the attached pages as a sample and guide for completion of these forms. If the medication your child uses comes with manufacturer's instructions, we would love to make a copy of them to keep with the medication. Remember, the more details you can provide for us, the better! We are committed to keeping children safe.

**Allergy forms should be completed and turned in on your child's meet the teacher event (the week of August 27).** Your child may not begin school until all forms are complete and emergency medication is on site.

If you have any questions at all, please contact the office and we will be happy to help you.

Montgomery Nursery School

[erin.sprang@cos-umc.org](mailto:erin.sprang@cos-umc.org)

984-1796

Ohio Department of Job and Family Services  
**CHILD MEDICAL/PHYSICAL CARE PLAN  
 FOR CHILD CARE**

\* SAMPLE  
 FORM \*

Be as specific as possible  
 ↓  
 ↑  
 from manufacturer, you may attach a copy

Child's Name <b>Tommy Kidd</b>		Date of Birth <b>1/11/2015</b>	
Special Health Conditions <b>Allergy to Peanuts (Medical Diagnosis)</b>			
Symptoms to watch for and emergency action to be taken if the following symptoms occur <b>Difficulty breathing, excessive coughing, swollen lips or tongue, hives</b> → <b>Give Benadryl and inject epipen into thigh. Call 911 and parents.</b>			
Activities/foods/environmental conditions to avoid, if applicable <b>Peanuts, including oils</b>			
Medical procedures to be followed and expected benefit of treatment, if applicable <b>Give Benadryl. Inject epipen into outer thigh as indicated on instructions. Hold for 3 sec. Symptoms should</b>			
Are any medications required? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No (If yes, complete JFS 01217 "Request for Administration of Medication") <span style="float: right;">subsi</span> If yes, what medications? <b>Benadryl and Epi-Pen</b>			
In an emergency does this child require additional assistance (more than other children of the same age or in the same group) to evacuate? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No			
In the event that the child care program must be evacuated, are there medications or supplies that must be taken with this child? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No			
Training Instructions (Trainer must be a parent or certified professional) <b>Remove Epi-pen from tube. Remove cap. Push pen into outer thigh which will release needle. Hold for 3 seconds.</b>			
Signature of Trainer <b>Mother Kidd</b>		Date <b>8/25/18</b>	
Signature of trained providers, substitutes or child care staff members who have been made aware of the condition. (There must always be a trained caregiver present when the child is present)			
Signature <b>Abbey Administrator</b>	Date <b>8/25/18</b>	I have been <input checked="" type="checkbox"/> Informed	I have been <input checked="" type="checkbox"/> Trained
Signature <b>Jammy Teacher</b>	Date <b>8/25/18</b>	I have been <input checked="" type="checkbox"/> Informed	I have been <input checked="" type="checkbox"/> Trained
Signature <b>Amanda Assistant</b>	Date <b>8/25/18</b>	I have been <input checked="" type="checkbox"/> Informed	I have been <input checked="" type="checkbox"/> Trained
Signature	Date	I have been <input type="checkbox"/> Informed	I have been <input type="checkbox"/> Trained
(Only trained providers, substitutes or child care staff members shall be permitted to perform medical procedures listed above.)			
Additional services (educational/therapeutic) child is receiving <b>N/A</b>			
Who provides the above services? <b>N/A</b>			
Name _____	Phone Number _____	May we contact? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Name _____	Phone Number _____	May we contact? <input type="checkbox"/> Yes <input type="checkbox"/> No	

I give my permission for the staff listed above to perform the procedures in my child's Medical/Physical Care Plan.

Parent Signature <b>Mother Kidd</b>	Date <b>8/25/18</b>
Administrator/Provider Signature <b>Abbey Administrator</b>	Date <b>8/25/18</b>

*Note: A separate plan must be written for each condition that requires different actions to be taken*

Ohio Department of Job and Family Services  
**REQUEST FOR ADMINISTRATION OF MEDICATION  
 FOR CHILD CARE**

\* **SAMPLE FORM!**  
 one form per medication

we cannot be the 1st administration

Must watch Dr. Porton below

Box 1 The following section must always be completed by the parent/guardian.

Check all that apply and complete all of the information. *Medication must be in the original packaging*

Prescription Medication       Nonprescription Medication       Food Supplement  
 Topical Product or Lotion       Refrigeration Required       Modified Diet

Name of Child: **Tommy Kidd**      Date of Birth: **1/11/2015**      Weight: **26 lbs.**

Name of Medication: **Benedryl** \* *Must be exactly what Dr. writes - if Benedryl, must be name brand \**      Exact Dosage: **5 mL**

To be administered at the following times: **When difficulty breathing, excessive coughing, swollen lips, or hives appear**      For the following period of time: **1 year** ← *updated annually or if change in dosage occurs*

I understand that my child must receive one dose of medication before arriving at the program (unless the medication is used for emergencies).

Signature of Parent/Guardian: **Mother Kidd**      Date: **8/25/18**

Box 2 The following section must be completed by a licensed physician, licensed dentist, advanced practice registered nurse or certified physician's assistant.

- The medication contains codeine or aspirin.
- A physician's instruction is needed for a nonprescription medication (e.g. child does not meet minimum age or weight requirements as listed on the label instructions).
- It is a sample medication without a prescription label.
- The nonprescription medication is to be given longer than three consecutive days within a fourteen day period.
- The topical product or lotion and the physician's instructions exceed the manufacturer's instructions or use.

Name of child: \_\_\_\_\_      Name of medication, vitamin, diet, supplement: \_\_\_\_\_

Dosage: **5 mL**      Possible side effects to watch for are: \_\_\_\_\_

Expiration date: \_\_\_\_\_  
 (May not exceed twelve months from the date of this request for medications of food supplements).

Instructions: \_\_\_\_\_

This child is under my care and should receive the above medication as written.

Signature of physician, dentist, advanced practice registered nurse or certified physician's assistant: \_\_\_\_\_

Date of signature: \_\_\_\_\_      Phone number: \_\_\_\_\_

Name of child: \_\_\_\_\_      Name of medication, vitamin, diet, supplement: \_\_\_\_\_

This form is valid for no longer than twelve months and must be kept on file at the center or home for at least one year following the last administration of the medication or product. One form must be used for each medication.



\*SAMPLE FORM\*

Ohio Department of Job and Family Services  
**REQUEST FOR ADMINISTRATION OF MEDICATION  
 FOR CHILD CARE**

Box 1	The following section must always be completed by the parent/guardian.	
Check all that apply and complete all of the information.		
<input checked="" type="checkbox"/> Prescription Medication <input type="checkbox"/> Nonprescription Medication <input type="checkbox"/> Food Supplement <input type="checkbox"/> Topical Product or Lotion <input type="checkbox"/> Refrigeration Required <input type="checkbox"/> Modified Diet		
Name of Child	Date of Birth	Weight
Tommy Kidd	1/11/2015	26 lbs.
Name of Medication		Exact Dosage
Epi-pen Jr.		0.15 mg (one pen)
To be administered at the following times <i>after exposure to peanuts/oil when difficulty breathing, excessive coughing, swollen lips, or hives appear</i>		For the following period of time
		1 year
<input checked="" type="checkbox"/> I understand that my child must receive one dose of medication before arriving at the program (unless the medication is used for emergencies).		
Signature of Parent/Guardian		Date
<i>Mother Kidd</i>		8/25/18
Box 2	The following section must be completed by a <u>licensed physician</u> , licensed dentist, advanced practice registered nurse or certified physician's assistant.	
1. The medication contains codeine or aspirin. 2. A physician's instruction is needed for a nonprescription medication (e.g. child does not meet minimum age or weight requirements as listed on the label instructions). 3. It is a sample medication without a prescription label. 4. The nonprescription medication is to be given longer than three consecutive days within a fourteen day period. 5. The topical product or lotion and the physician's instructions exceed the manufacturer's instructions or use.		
Name of child	Name of medication, vitamin, diet, supplement	
	Epi-pen Jr.	
Dosage	Possible side effects to watch for are	
0.15 mg (one pen)		
Expiration date (May not exceed twelve months from the date of this request for medications of food supplements).		
Instructions		
This child is under my care and should receive the above medication as written.		
Signature of physician, dentist, advanced practice registered nurse or certified physician's assistant		
Date of signature		Phone number
Name of child	Name of medication, vitamin, diet, supplement	

This form is valid for no longer than twelve months and must be kept on file at the center or home for at least one year following the last administration of the medication or product. One form must be used for each medication.

**Box 3** The following section must be completed by the center, family child care provider or in-home aide for the child listed on page one of this form. All medication must be documented when administered.

Date	Time	Dosage	Signature of Designated Person Administering Medication

This form is valid for no longer than twelve months and must be kept on file at the center or home for at least one year following the last administration of the medication or product. One form must be used for each medication.

Ohio Department of Job and Family Services  
**CHILD MEDICAL/PHYSICAL CARE PLAN  
 FOR CHILD CARE**

Child's Name		Date of Birth	
Special Health Conditions			
Symptoms to watch for and emergency action to be taken if the following symptoms occur			
Activities/foods/environmental conditions to avoid, if applicable			
Medical procedures to be followed and expected benefit of treatment, if applicable			
Are any medications required? <input type="checkbox"/> Yes <input type="checkbox"/> No <i>(If yes, complete JFS 01217 "Request for Administration of Medication")</i> If yes, what medications?			
In an emergency does this child require additional assistance (more than other children of the same age or in the same group) to evacuate? <input type="checkbox"/> Yes <input type="checkbox"/> No			
In the event that the child care program must be evacuated, are there medications or supplies that must be taken with this child? <input type="checkbox"/> Yes <input type="checkbox"/> No			
Training Instructions <i>(Trainer must be a parent or certified professional)</i>			
Signature of Trainer			Date
Signature of trained providers, substitutes or child care staff members who have been made aware of the condition. <i>(There must always be a trained caregiver present when the child is present)</i>			
Signature	Date	I have been <input type="checkbox"/> Informed	I have been <input type="checkbox"/> Trained
Signature	Date	I have been <input type="checkbox"/> Informed	I have been <input type="checkbox"/> Trained
Signature	Date	I have been <input type="checkbox"/> Informed	I have been <input type="checkbox"/> Trained
Signature	Date	I have been <input type="checkbox"/> Informed	I have been <input type="checkbox"/> Trained
<i>(Only trained providers, substitutes or child care staff members shall be permitted to perform medical procedures listed above.)</i>			
Additional services (educational/therapeutic) child is receiving			
Who provides the above services?			
Name	Phone Number	May we contact? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Name	Phone Number	May we contact? <input type="checkbox"/> Yes <input type="checkbox"/> No	

I give my permission for the staff listed above to perform the procedures in my child's Medical/Physical Care Plan.

Parent Signature	Date
Administrator/Provider Signature	Date

*Note: A separate plan must be written for each condition that requires different actions to be taken*

Ohio Department of Job and Family Services  
**REQUEST FOR ADMINISTRATION OF MEDICATION  
 FOR CHILD CARE**

<b>Box 1</b>	The following section must always be completed by the parent/guardian.	
Check all that apply and complete all of the information.		
<input type="checkbox"/> Prescription Medication <input type="checkbox"/> Nonprescription Medication <input type="checkbox"/> Food Supplement <input type="checkbox"/> Topical Product or Lotion <input type="checkbox"/> Refrigeration Required <input type="checkbox"/> Modified Diet		
Name of Child	Date of Birth	Weight
Name of Medication		Exact Dosage
To be administered at the following times		For the following period of time
<input type="checkbox"/> I understand that my child must receive one dose of medication before arriving at the program (unless the medication is used for emergencies).		
Signature of Parent/Guardian		Date
<b>Box 2</b>	The following section must be completed by a licensed physician, licensed dentist, advanced practice registered nurse or certified physician's assistant.	
1. The medication contains codeine or aspirin. 2. A physician's instruction is needed for a nonprescription medication (e.g. child does not meet minimum age or weight requirements as listed on the label instructions). 3. It is a sample medication without a prescription label. 4. The nonprescription medication is to be given longer than three consecutive days within a fourteen day period. 5. The topical product or lotion and the physician's instructions exceed the manufacturer's instructions or use.		
Name of child	Name of medication, vitamin, diet, supplement	
Dosage	Possible side effects to watch for are	
Expiration date (May not exceed twelve months from the date of this request for medications of food supplements).		
Instructions		
This child is under my care and should receive the above medication as written.		
Signature of physician, dentist, advanced practice registered nurse or certified physician's assistant		
Date of signature	Phone number	
Name of child	Name of medication, vitamin, diet, supplement	

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